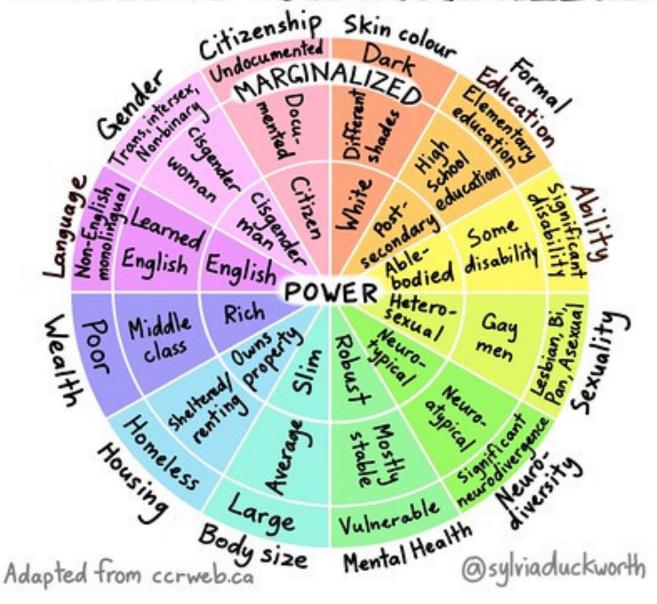
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Mulgrave Framework for Wellbeing ('To help us flourish individually and collectively')	Student Wellbeing PK-12			
Social/Emotional and Wellbeing Dimension (IPERMAH) based on Seligman's Positive psychology model	Learned through the formal IB Curriculum	Learned and supported through the school's pastoral care and support systems	Learned and supported through Curriculum Enrichment Opportunities	Learned and supported through the hidden curriculum and the school's ethos and values
Having comfort with my emerging identity*				
Having a clear sense of purpose, meaning and value in what I am doing				
Having positive relationships				
Managing my emotions and maintaining positive emotions				
Feeling and being positively engaged				
Being positive about my accomplishments				
Maintaining my physical health and wellness				

*Aspects of identity

I understand my own identity and the privilege and challenges I have
I understand the identity of others and the privileges and struggles they face
I have the Intercultural skills to connect with others